**Good Morning Career**

**Exercise No. 12: Why studying books makes sense?**

**Step 1 –** Take up any book of about 100 plus pages in your hand. Read the name of the author.

**Step 2 –** Google to find the author’s history.

**Step 3 –** Now flip through the pages of the book and read the chapter headings.

**Step 4 –** Take a piece of paper and use your wisdom to imagine what kind of efforts it would have taken the author to write that kind of book. How many years would it have taken him to bring all this content together?

**Step 5 –** Write down how many hours will it take for you to read the book sincerely.

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